Small Group Planning & Problem Solving

1. Identify the problem or goal in concrete, behaviorally descriptive terms (What will be the result if successful – desired outcome?)

2. Through brainstorming, identify resources/opportunities (+) and barriers (-) to solving the problem or achieving the goal:

Resources/Opportunities (+)

Barriers(-)

3. Identify (*) one Barrier in the list above as the one you will address first. Others will then be addressed.

4. Through brainstorming, identify as many <u>ideas</u> as possible for reducing or eliminating the <u>identified</u> barrier – these are only ideas! Do not evaluate them or attempt to figure out how to implement them. In addition, you are not limited to the resources/opportunities listed in #2. They are only a stimulus....

5. Develop multiple action plans to address only the identified Barrier. For each action plan, specify who, will do specifically what, and by when.

